Invites you to a
Senior Citizen Townhall

Be your own advocate!

Learn about how to budget on a limited income, protect your finances and how to save money on everyday living expenses.

Friday, May 20, 2011

8:30 a.m. to Noon

Highland Park Adult Senior Citizen Center

6152 North Figueroa Street

Los Angeles, CA 90042

Speakers

Experts on the following topics will make presentations from 9 a.m. to 11 a.m.

- **Consumer Protection Education**
  Protect yourself against fraud, schemes and scams that target seniors.
- **Medicare-Medi-Cal**
  Who qualifies and how to apply.
- **Living on a Social Security Budget**
  Financial tips for seniors living on a limited income

Booths

Representatives from local organizations will be present to provide information on cost-saving programs designed to assist seniors in day-to-day life, including:

- Utilities assistance programs
- Social Security Administration
- Metropolitan Transit Authority
- Consumer information specialists
- County of Los Angeles Department of Public and Social Services
- Food assistance programs

Light refreshments will be provided.

For more information or to RSVP, please call (213) 483-1425.
Please RSVP by May 16, 2011.